

I (don't) Want a New Drug

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HUG PATROL

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NH Memories – Music & Memory®

- ▶ Music & Memory Across the State
- ▶ Brief Description of the Intervention
- ▶ Components of Success
- ▶ Lessons learned
- ▶ BNRC Success Stories
 - ▶ *Chris V.*
 - ▶ *Lois R.*
 - ▶ *Barbara C*



NH Memories – Music & Memory®

- ▶ Our QAPI Programs
- ▶ Challenges/Obstacles to Implementation
 - ▶ Charging
 - ▶ Education
 - ▶ Staff Support
 - ▶ Ensuring Consistency



Hug Patrol

- ▶ Weighted Shawls and Blankets
- ▶ We have been using this with residents for about one year.
- ▶ BNRC Success Stories
 - ▶ *Mary Beth B.*
 - ▶ *Myrtle K.*

Hug Patrol

- ▶ Challenges/Obstacles to Implementation
 - ▶ Education
 - ▶ Sign in/out
 - ▶ Visibility/Use
 - ▶ Staff Support

Weighted Dolls

- ▶ The weighted doll program provides residents with a variety of experiences. Two of the areas seen with the most impact is with restless residents, and residents that have a flat affect and don't engage with others.
- ▶ We have been using this with residents for 1 year.
 - ▶ *Things to consider- talking with family to make sure they are ok with the baby doll intervention*
 - ▶ *Once approved by family care plan*
 - ▶ *Communicate with caregivers*
 - ▶ *Have extra clothing and diapers for the resident to change the baby*

Weighted Dolls

- ▶ Challenges/Obstacles to Implementation-
- ▶ Challenges include; keeping the doll clean, “babies” being picked up by others, babies being left around the home, other residents telling the “mom” that its not real
- ▶ Successes
 - ▶ Mrs. S the first trial we did with a women with brain aneurysm that was repaired and had complications. She was admitted to our center and was 1:1 when awake. She was unpredictable, intrusive of others and difficult to engage in activities. When the first baby arrived we were preparing him for the resident who we purchased the baby for, this 1:1 resident took to the baby immediately. She became the new mom of baby Luke. She went from 14-16 hours a day 1:1 to less than 2 hours a day.
 - ▶ Mrs. R with advanced dementia essentially non verbal when she admitted to our home. She would daily expectorate phlegm onto the floor where ever she was sitting. She was presented with a baby girl and on that day she changed. She no longer expectorated on the floor, she never left her room without her baby. Mrs. M could be seen talking to her baby and telling her how beautiful she is. Mrs. R Adult children brought in baby outfits for her including “little sister outfit” When Mrs. R passed away her family requested that “Emily” be buried with her.

Pet Therapy

- ▶ At Applewood we have 2 cats “jingles and Gerry” as part of our home for many years. They live at Applewood. After observing our residents and the joy they experienced when we had the occasional visit by a dog we decided that having a Full time canine caregiver. Oliver (therapy dog in training) arrived the end of July and is at Applewood 40-50 hours a week. He has a play yard in our pavilion which is the hub of activity in our home. He has a couple times a day where he is out playing with the residents. He also goes out for walks with staff and residents. He is in puppy kindergarten, and will be taking classes and working towards his certified therapy dog.
- ▶ We have been using this with residents for >10years for our cats and 2 months for our dog Oliver

Pet Therapy

- ▶ Challenges/Obstacles to Implementation- purchasing the puppy, investing in healthcare, and training. Having the caregiver team all on board with potty training and 1:1 time with residents in their rooms. Puppy teething, potty training, and staying out of the dining areas.
- ▶ Successes
 - ▶ Mrs. S living with advanced cognitive decline from the time of admission presented quiet, not easily engaged in activities and somber began playing and loving Ollie. She walks him, when he was small she would hold him as he slept, and plays with him. He brings joy to her heart. Video
 - ▶ The joy that Ollie brings to the residents and staff is calming, and you can see residents smiling with joy. Video
 - ▶ Mary A. living with advanced cognitive condition has found peace and happiness with the combination of Music and memory and Oliver. Video

Pet Therapy



Pet Therapy



Q&A